

# Say "No, I'd rather..."

Have a picnic



Play with a pet



Go to a movie with a friend



Play an instrument



Buy my favorite CD



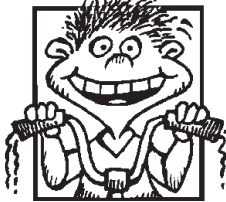
Go swimming



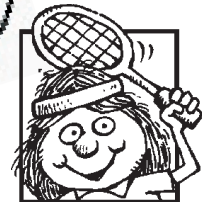
Play a sport



Ride a bike



Play tennis



Plan an alcohol- and tobacco-free event



Plant some flowers



Join a theater group

